

DOW UNIVERSITY OF HEALTH SCIENCES



DOW
2020 **MAG**





M E S S A G E



Prof. Mohammed Saeed Quraishy
Vice Chancellor
Dow University of Health Sciences



Prof. Mukkaram Ali
Director Sports
Dow University of Health Sciences

By the Grace of Almighty Allah Dow University held its Annual Sports 2020 from 3rd to 8th February. Although through out the year we do have co-curricular activities but due to its importance we have devoted the complete week for sports. We plan to schedule a Mega Sports event every year because students are usually busy with academic schedule and they need some healthy activities. Sports teaches discipline, responsibility, self-confidence, accountability, teamwork increased concentration, enhanced memory, better-developed problem solving and skills.

We have thirteen (13) colleges/institutes for undergraduate courses, overall having more than five thousand students. They also need to interact not only for acquaintance but also for healthy competition which plays important role in their personality development. State of art gymnasium and cricket ground has been provided by Dow

Annual Sports week 2020 of Dow University of Health Sciences was held from 3rd February to 8th February 2020 although preliminary round started from 27th January 2020. The students of 13 constituent colleges/institute namely Dow Medical College (DMC), Dow International Medical College (DIMC), Dr. Ishrat-ul-Ebad Khan Institute of Oral Health Sciences (DIKIOHS), Dow International Dental College (DIDC), Dow Dental College (DDC), Dow College of Pharmacy (DCOP), Institute of Business Health Management (IBM), Dow Institute of Medical Technology (DIMIT), Institute of Physical Medicine and Rehabilitation (IPMR) and Institute of Nursing (ION), Dow Institute of Radiology (DIR), Dow College of Biotechnology (DCOB) and School of Public Health (SPH) participated with great enthusiasm in all events.

Students was representing the respective institutes Colour coded shirts and flags



Contd. Message Vice Chancellor

University where these students play after college hours.

We at Dow University are happy to see that students not only enthusiastically participate in co-curricular events, but they also excel in some tournament matches. They also won many inter university football and throw ball matches besides getting medals in English and Urdu debates conducted after every few months at provincial and national level.

Now we have planned to have regular sessions for trained students with expert coaches who can groom these players to shine nationally and internationally.

During last few years with the growth of the university, the faculty enhancement has also taken place. Therefore we also held faculty matches in which most of them participated with enthusiasm.

I congratulate all the members of the organizing committee who really worked hard to hold maximum events with pool matches and provided equal chances to maximum students of every college/institute.

I also congratulate all the Winners of the events and even those who did participate but could not win as it is only the spirit of competition which counts and helps in building their personality.



Contd. Message Director Sports

provided by Sports Committee. The girls and boys devotedly participated equally in all events despite the fact that they are not regular athletes.

Track events like Javelin Throw, Discus Throw, Hurdle Race, Relay Race, 100,200 & 400 Meter Races, etc. were included to attract maximum number of students. Squash, Table Tennis, Badminton, Throw Ball, Basket Ball, Net Ball, Volley Ball Cricket and Football were analyzed by Umpires and referees of respective fields. It is really good to see that some of the students inspite of academic burden are players of national and international capability. I am also surprise to see a large number of faculty participation in every events.

I am really thankful to all the members of the Sports committee, Coordinators and Organizers who actually worked hard for this Annual Sports 2020 and Alhamdulillah everything worked out as per schedule. I congratulate all the winners and also the participants for showing Sportsmen Spirit. They all made this event successful.



FACULTY PICTURES



Cricket Report (Boys)

Total 13 teams participated in Cricket, matches started at Ojha Cricket ground. Teams included IMT, DMC, ION, DIMC, DIDC, DDC, DCOB, SPH, IHM, DCOP, DIKIOHS, IPM&R, and DIR. The tournament final match played between ION and IPM&R. Secured Winner position by ION Boys and IPM&R was runner up.

Cricket Report (Girls)

All institute participated in Cricket Girls. Matches started in Ojha Cricket ground. Teams. The tournament was on knockout basis. Final match was played between IPM&R vs DCOP. IPM&R won the match against DCOP.



CRICKET

F I N A L

Girls

IPM&R Winner
DCOP Runner Up

Boys

ION Winner
IPM&R Runner Up







FOOTBALL

FINAL

DMC VS DIKIOHS
(DMC WON)



On 27th January, the very first event of the sports competition 2020, Table Tennis matches was scheduled. The event started with ribbon cutting ceremony by Chief Guest Prof. Dr. Amjad Siraj Memon, Principal Dow Medical College. At Inauguration, a friendly table tennis match was also played between Prof. Dr. Amjad Siraj Memon vs prof. Dr. Arshad Hasan Principal Dow Dental College. The event was conducted in Muin Auditorium Dow Medical College and Boys Common Room. In this event Faculty matches were also played in addition to student matches which were enjoyed by the audience.



TABLE TENNIS

ATHLETICS

The track and field event included a number of races such as 100mtr, 200mtr, 400mtr, Sac race, Javelin Throw, Shot put, Long jump, Discuss throw and Relay races was icing on the cake.

All the track and field events saw a zealous participation. Especially, senior faculty participated with commendable vigor and enthusiasm. The atmosphere was charged with zeal and fervor with the call of tug of war between Focal Persons vs Event Incharges.

The title of Fastest Man gone to Mr. Aamir Rab from DIMC with 5 Gold with 2 Silver Medals









**DOW UNIVERSITY
OF HEALTH SCIENCES**

**ANNUAL
Sports
2020**

DMC, DMC, DIKIOHS,
DPC, DDC, DCP,
IMT, HML, FMSR,
ION, DCOB, DIB & SPH

11th Nov 2020

*We are
The Champions
my friends*

CRICKET GIRLS

IPM&R Winner

Mahnur Fatima
Aniq Siddiqui
Ayesha Sarfaraz Khan
Urooj Fatima
Maryam Shoukat
Maha Amjad
Resham Akbar
Atiya Usman
Yumna Anwar
Uroosa
Neelam Zehra
Ariba Sultan
Rukkaya Fatima

DCOP Runner Up

Syeda Tabinda Zaidi
Asma Hashmi
Syeda Bakhtawar
Kashfa Sohail
Wajiha Shams
Sawera Aslam
Rubab Hussain
Sumbul Zehra
syeda Areaba
Dua Afzal
Rida Mariam Hussain
Maham Zehra
Laila Yousuf
Rimsha Jaaghir

TABLE TENNIS GIRLS

WINNERS (DCOB)

Noorain
Laiba
Daniya

RUNNERS UP (DMC)

Noorain
Laiba
Daniya

TABLE TENNIS BOYS

WINNERS (DMC)

Shahzaib Fatman
Eiaf Ahmed
Faseh
Bilal
Arqam

RUNNERS UP (IPM&R)

Qanib Ahmed Khan
Noor ud din
Shabbir

VOLLEY BALL GIRLS

WINNERS DMC

Tooba Hussain
Sakina Abbas
Mahinn Ali
Mahnur Raza
Samra Iqbal
Aleena Aftab
Misha Tauni
Ayeza Waseem
Erfa Tahir
Urooba Jawwad

Runners up SPH

Fatima Ali
Hafsa Naveed
Wajiha Fatima
Farisa Ahmed
Hafsa Shahwar
Uroosha Jamal
Faryal Zahid
Iqra Sohail
Haseeba Asif

VOLLEY BALL BOYS

WINNERS ION

Adil Shah
Shahi Dawran
Hazrat Sohail
Ihtisham Hussain
Jibran
Bin Yamin
Asif Khan
Muhammad Yasen
Ghulam Mustafa
Keelash Kumar

RUNNERS UP DCOP

Mohd Hamza Mallick
Syed Hassan Qazi
Abdul Malik
Aqib Ahmed
Anis Abid
Hussain Ali
Muhammad Suleman

CRICKET BOYS

ION Winner

Adil shah
Bin Amin
Jibran Khan
Ahtisham Hussain
Muhammad Yasen
Asif Nawaz
Ahsan Ali
Ghulam Mustafa
Kelash
Parwaiz Khokar
Bilal Akbar
Osama Aftab
Noor ullah
Shahi Dawran
Saeed

IPM&R Runner Up

Usama
Qanib
Janesh
Nazeer
Wakeel
Rizwan
Numan
Mehran
Noor
Yaseen
Rizwan
Nouman
Nazeer
Wakeel
Sitesh
Subhash

SQUASH GIRLS

WINNERS (DMC)

Aqsa Jawed
Asia Khalid
Urooba Tanveer
Syeda Misha
Ashfaq

RUNNERS UP (IPM&R)

Ariba Sultan
Resham Akbar
Maryam Shoukat

SQUASH BOYS

WINNERS (DMC)

Muhammad
Arqam
Hamza Saad
Asad Ali

RUNNERS UP (DCOB)

Fahad Masood
Hassan Alwani
Muhammad Hasnain

FOOTBALL

DMC WINNER

Shahnukh nadeem
Muhammad musa
Shaheen ahmed
Zain ayub
Hasan fareed
Osama naved
Ahmed naweed
Ahmed safi
Ali fadani
Huzaif khan
Ahmed azam
Asad ali
Mustafa zuberi

DIKIOHS Runner Up

Kellan
Danyal
Musavir
Ammar
Hatim
Mustafa
Muzamil
Ali
Mahad
Tofail
Umer

BASKETBALL GIRLS

WINNER (DCOP)

Isabella Chirtopher
Sumbul Zehra
Kanwal Shahid
Reeba Naz
Ameena Amjad

RUNNER UP (DMC)

Mariam Zahoor
Rabia Saeed
Rabia Saleem
Ghaziya
Fazila

TUG OF WAR GIRLS

WINNERS (DIKIOHS)

Mahnur fatima
Saba Yousuf
Arooba Malik
Maha Amjad
Dua Jawed
Rahymun Sheikh
Tahreem
Maheen Siddiqui

RUNNERS UP (IPM&R)

Raba Anwar
Raheena Kassam
Hannah Cheryl
Anjiya Samnani
Meena Munawar
Tarim
Muskan Mumtaz Ali
Ujala

TUG OF WAR BOYS

WINNERS (DMC)

Muhammad Arqam
Noem Najam
Bilal Ahmed Khan
Ali Ahmed
Syed Umer Hasan
Noman Khurshed
Asad Ali
Syed Bilal Ali
Al-Nehyan
Nawaz Sharif

RUNNERS UP (DCOB)

Hassan Habib Alwani
Yaseen Hameed
Abdur Rehman
Faizan Jameel
Tulaib Iqbal
Nabeel ur Rehman
Fahad Ahmed
Maaz Irshad
Sinkandar Zafar
Karim Irfani

BADMINTON GIRLS

DCOP WINNER

RamshaZafar
Hiba Khan
Manahil Zehra
Tooba Amin
Syeda Areeba
Syeda Laiba
Fatima

DCOB RUNNER UP

Laiba Shahid
Noorin Ahmed
Zara Ahmed

BADMINTON BOYS

DIMC WINNER

Amir Rab
Habibullah

DCOP RUNNER UP

Anis Abid
M.Hamza Mallick
Huzaifa Javed

BASKETBALL BOYS

WINNER (DMC)

M. Fasseh
M. Tahir Silat
S. M. Hasan
Rafay Usman
Samie Gilani
Osama Siddiqui

RUNNER UP (DMC)

Shajie ur Rehman
Umar Hasan
Mubeen Ahmad
Ali Quraishi
Qazi Sharjeel
Abdul Wasay



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**ANNUAL
Sports
2020**

DMC, DMC, DIOHS,
DIO, DIO, DIO,
IMT, IMA, IPMR,
ION, DIO, DIR & SAH

Qatar
UAE

*We are
The Champions
my friends*

TEAM EVENTS

NET BALL GIRLS		THROW BALL GIRLS		SQUASH FACULTY		Basketball Faculty	
DCOP WINNER Isabella Christopher Sumbul Zehra Ameena Amjad Ilsa Siddiqui Laiba Zubair Anjulia D'Gama Reeba Naz Zoha Kanwal Nimra	DMC RUNNER UP Zainab Fatima Saba Zaheer Aleena Jafri Adeena Jabeen Aleena Aftab Anum Naqvi Sakina Abbas Samra Iqbal Abraish	DMC WINNER Sanliya Ahmed Saba Zaheer Zahra Quettawala Fareeha Masood Samra Sohail Zainab Fatima Samra Iqbal Misha Tauni Tooba Hussain Mahnoor Raza Fareeha Jawaid	DCOP RUNNER UP Urooj Fatima Sumbul Zehra Hadiqa Rasheed Rimsha Jahangir Zainab Khan Hafsa Binte Obaid Tabinda Zaidi Isabella Christopher Maham Zehra Areeba Anis Emaan Farooqi Rutaba Farukh Laiba Zubair	WINNER Dr. Arshad Hasan Fahad Sharif	RUNNER UP Dr. Rana Majid Dr. Rana Majid	WINNER Dr. Sarfaraz Mansoor Dr. Sohail Maaz Amir Saddam	RUNNER UP Danyal Muhammad Saqib Asad Baqar Salman Dr. Masood Ammar
				TABLE TENNIS FACULTY (single)			
				WINNER Dr. Syed Kashif Abrar	RUNNER UP Dr. Fatima Zehra		
				TABLE TENNIS FACULTY (double)		Faculty Cricket	
				WINNER Dr. Sikander Dr. Fatima Zehra	RUNNER UP Dr. Fareeha Dr. Syed Kashif Abrar	WINNER Ojha	RUNNER UP DMC

TRACK EVENTS

Long Jump (Girls)

Sumbul Zehra (DCOP)
Sehrish Saleem (DIR)
Merisa Saleem (ION)

Long Jump (Boys)

Amir Rab (DIMC)
Noem (DMC)
Farris (DIMC)

Javelin Throw (Girls)

Ariba Sultan (IPM&R)
Rabab (ION)
Mahnoor Fatima (IPM&R)

Javelin Throw (Boys)

Farris
Amir Rab (DIMC)
Ahsan Ali

Shot Put (Girls)

Rabab (ION)
Hannah (ION)
Ariba Sultan (IPM&R)

Shot Put (Boys)

Bin Yameen
Farris (DIMC)
Qarib Ahmed (IPM&R)
Discuss Throw (Girls)
Saba Rizwan (IPM&R)
Mahnoor Fatima (IPM&R)
Doha Khan (DIR)

Discuss Throw (Boys)

Farris (DIMC)
Amir Rab (DIMC)
Qarib Ahmed (IPM&R)

400 Meter (Boys)

Amir Rab (DIMC)
Hassan (IMT)
Nabeel (DCOB)

Hurdle Race (Girls)

Sumbul Zehra (DCOP)
Hafiza Aliya (IBHM)
Kinza (DMC)

Hurdle Race (Boys)

Amir Rab (DIMC)
Hassan (IMT)
Adil Shah (ION)

100 Meter (Girls)

Sumbul Zehra (DCOP)
Asma Hashmi (DCOP)
Ghania (DDC)

100 Meter (Boys)

Amir Rab (DIMC)
Ainehyan (DMC)
Shahzeb (DIR)

200 Meter (Girls)

Sumbul Zehra (DCOP)
Samra Iqbal (DMC)
Ambreen (IMT)

200 Meter (Boys)

Amir Rab (DIMC)
Bilal (DIOC)
Nabeel (DCOB)

Really Race (Girls & Boys)

Nalish (DCOB)
Maria (DCOB)
Fahad (DCOB)

Affan (DCOB)

Ghania (DDC)
Larib (DDC)
Arbaz (DDC)
Asad (DDC)

Amjya (ION)

Tarim (ION)
Adil Shah (ION)
Noor Khan (ION)

Sac Race (Girls)

Allya (IBHM)
Hira (IPM&R)
Marisa (ION)

Sac Race (Boys)

Muhammad Ali Memon (DIOHS)
Fahad Masood (DCOB)
Faris Fayyaz (DIMC)

Faculty Races 100 Meter (Male)

Maaz Shamsi
Dr. Furqan
Amjad

Faculty Races 100 Meter (Female)

Dr. Any (IPM&R)
Dr. Ferkhanda (IPM&R)
Ms. Mehwish (DIR)

Faculty Races 50 Meter (Female)

Dr. Noor jahan (DCOP)
Ms. Shahnaila Imtiaz (DMC)
Ms. Mehwish Hassan (DIR)

Faculty Races 200 Meter (Male)

Mr. Mansoor Ahmed (IPM&R)
Mr. Maaz Shamsi (DIR)
Dr. Sarfarz (IPM&R)

Tendom Walk Faculty

50 Meter

Dr. Amanullah Mangi (DIMC)
Dr. Anwar Ali (DIOHS)
Dr. Riaz Soomro (IBHM)

Tug of War Event

Incharges Vs Focal

Persons

Asad Baqar
Muhammad Saqib
Tanseer Ahmed
Khalid
Tabish

Rao Usman

Mustafa Naseem

Runner up Event

Incharges

Dr. Mashal Butt
Dr. Sarfaraz
Mr. Imran
Mr. Maaz Shamsi

Mr. Amjad

Tug of War Female

Ms. Mehwish
Rafay (DIMC)
Sobia Naz (ION)

Sumbul (ION)

Rukhsana (DIOC)

Maria (DIOC)

Khushbakt (DIMC)

Runner up

Ms. Shahnaila Imtiaz
Dr. Ferkhanda
Dr. Fatima
Nanmerah (DCOB)
Nabia (DIOC)

MR. DUHS



Competition won
by Muhammad
Hamza Mallick
from DCOP.



PRIZE DISTRIBUTION CEREMONY

Prize distribution ceremony was conducted on 18 February. The Chief guest was Hakim Ali Talpur from HEC warmly welcomed by the Director Sports, Pro Vice Chancellor Dr. Zarnaz Wahid, Registrar, All Principals, Faculty and staff. He also shared his views regarding Sports importance and distributed trophies, medals and shields. The House cup trophy was won by Dow University College with 7 Won and 3 Runner up.





**DOW UNIVERSITY
OF HEALTH SCIENCES**

**ANNUAL
Sports
2020**

DWC, DMC, DMCHS,
DDC, DDC, DDCP,
INT, HML, SPMR,
IDM, DCCB, DMR & SPH

11.11.2020

*We are
The Champions
my friends*

Sports Committee

<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>President</p> <p>Prof. Dr. Mohammad Basim Qudus VICE CHANCELLOR DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Director Sports</p> <p>Prof. Pabbaram Ravi Vice-Chancellor DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>
<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>	<p>DOW UNIVERSITY OF HEALTH SCIENCES</p>  <p>ANNUAL Sports 2020</p> <p>Member</p> <p>Dr. Nisha DWC, DMC, DMCHS, DDC, DDCP, INT, HML, SPMR, IDM, DCCB, DMR & SPH</p>		





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Sports
2020**

DMC, DMC, DMC, DMC,
DCC, DDC, DDC, DDC,
DMT, DMT, DMT, DMT,
DMC, DMC, DMC, DMC

*We are
The Champions
my friends*

FOCAL PERSONS

Focal person Dr. Alwan Hussain DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Talash Ali DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Tahid Iqbal DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Syeda Mariam Hashim DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020
Focal person Dr. Hafsa Hussain DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Tanzeer Ahmed DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Sports Coordinator Dr. Amir Ahmad Anwar DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Incharge gymnasium Irfan Shafiq DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020
Focal person Dr. Farhan DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Dr. Ahsan Ali DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Dr. Usman Ali DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Dr. Hina Saleem DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020
Focal person Dr. Usman Ali DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Dr. Siddique Saad DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Dr. Mansoor Mahat DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Focal person Dr. Mustafa Naseem DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020

EVENTS INCHARGES

Dr. Alwan Hussain DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Dr. Alwan Hussain DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020	Dr. Alwan Hussain DOW UNIVERSITY OF HEALTH SCIENCES ANNUAL Sports 2020
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**21st All Pakistan
parliamentary Debating
Championship KEMU &
27th UET All Pakistan
Debating and
Declamation
Championship 2020**



Students of DUHS lately participated in the public speaking competitions in Lahore. These competitions had been organised at the King Edward Medical University during 14th till 20th and University of Engineering and Technology during 21st till 24th February 2020.

Two teams of DUHS participated in 21st All Pakistan Asian Parliamentary Debate organised at King Edward Medical University, Lahore. The teams actively debated in the four preliminary rounds and DUHS A and DUHS B both won two debates they did. In the preliminary rounds Noor-ul-Elmah Hasan made her place in top 20 best speakers by winning two matches and being the best speaker in both. While all other speakers of DUHS made their place in the top 25 list making us proud once again. The teams DUHS-B consisting of Noor-ul-Elmah, Hafiz Fasih Ahmed and Syed Ibtesam Hashmi and DUHS-A including Taha Ahmed, Syed Zain Ali Shah and S. M. Mairaj ul Arfin were ranked 9th and 10th respectively.

In the *Declamation Contest at KEMU two teams and two individual speakers participated and the teams of *Wania Noor & Taha Ahmed and Tooba Ahmed and Syed Ibtesam Hashmi qualified for the final round. *Taha Ahmed won the competition as the third best speaker in Urdu Serious category.

Students of DUHS also participated in the 27th UET All Pakistan Declamation and Debating championship where two teams, DUHS-A including Taha Ahmed & S M Mairaj ul Arfin and DUHS-B having Noor-ul-Elmah Hasan & Syed Zain Ali Shah participated in the British Parliamentary debate. Team A qualified for the quarter final round in open category as 12th best team in the preliminary round. Two teams of Wania Noor & Syed Ibtesam Hashmi and Tooba Ahmed & Hafiz Fasih Ahmed and an individual speaker Noor-ul-Elmah Hasan* participated in the Declamation competition where Wania Noor became the finalist in English serious category.

**20th All-Pakistan
Parliamentary Debating
Championship
Kind Edward Medical
University, Lahore**



DUHS Literary & Debating Society participated in 20th All-Pakistan Parliamentary Debating Championship at Kind Edward Medical University, Lahore from 26th to 28th April, 2019.

The topics of preliminary matches were announced 30 minutes prior to each match and the teams were supposed to speak either as proposition or opposition which too was disclose at time of announcement of the topics.

This format of debate is known to be the toughest of all formats of speeches due to the topic being a spontaneous and speech being an extemporaneous one.

The DUHS team spoke very well in all the rounds and learnt a lot about how to construct speeches give rebuttals of the opposing team justify their own case as the topics were from diverse background like:

This house believes in the right of Brunei of punish homosexual and adulterers (As Proposition)

This house believes that in the war against Thanos Captain America will be better leader than Iron Man (As Proposition)

This house regrets the replacement of Mr. Chips in intermediate curriculum by religious text (As Opposition)

This house believes that couples should not compromise for their children (As Opposition)

It was very challenging for the participants to be well rescheduled beforehand and show presence of mind at the time of competition but speakers of team DUHS gave an exceptional performance which was acknowledged by the adjudicators.

DUHS LITERARY FESTIVAL



DUHS Literary and Debating Society on 12th October 2019 at Muin Hall of Dow Medical College at Dow University of Health Sciences. The event consisted of two main segments, Inter-university Bait Bazi Competition, and Open Mic 1.0 Bol Keh Lub Azaad Hain Teray.

The Bait Bazi Competition was open to all universities of the city and the participation was based on prior registration. A total of 11 teams from 5 universities got registered among which an initial round was played and 5 teams qualified for the final round. The final round of Inter-University Bait Bazi Competition was played on 12th October at Muin Hall. The competition was judged by renowned literary personalities, Dr. Iqbal Pirzada, Prof. Rukhsana Naz and Dr. Tahir Hussain. An interesting and tough match was played between the well trained teams, each team comprising of two persons. The final decision was jointly announced by the honourable judges according to which, Team Ghalib from Karachi University comprising of Sulaiman Asif and Rehan Abbasi stood first. The Team Mir from Dow University of Health Sciences comprising of Aasiya Athar and Saman Naz stood at second place while Team Hali from the same university comprising of Aalima Fatima and Muhammad Ghazi were declared third. The chief guest, Vice Principal Dow Medical College, Dr. Shamaila Khalid presented token of appreciation to the winner and runner up of the competition.

GRAND MUSHAIRAH AT DUHS



DUHS Literary and Debating Society organized several events with a pure literary essence to inspire the literary minds and souls. To conclude this annual sequence of events, the Society planned a grand poetic sitting. The idea of Dow Mushairah "Arz Kiya Hai" was disclosed in the start of October 2019, since then the members of the Society started the best of a team work until the actual event took place on 19th October 2019.

Dow Mushairah "Arz Kiya Hai" was a poetic sitting in which the renowned Urdu Poets of the city were invited to the campus. On 19th October 2019, the Muin Hall of Dow Medical College witnessed a historical and elegant show of poetic nature with all the cultural and traditional values of Urdu Poetry. The Mushairah was presided over by a well-known Urdu Poet of our time, Mr. Anwar Shaoor who blessed the event with his honourable presence. The other famous and skillful poets who presented their poetry to the zealous audience of the Muin Hall included Mr. Ajmal Siraj, Dr. Iqbal Pirzada, Mr. Saleem Fauz, Ms. Ambareen Haseen Amber, Mr. Wajih Sani, Mr. Imran Shamshad, Mr. Aabi Makhnavi, Ms. Neel Ahmed and Mr. Abdur Rehman Momin who also hosted the main part of Mushairah. Among the students who presented their poetic work were Ms. Aliza Zehra, Mr. Muhammad Ammar Younus, Ms. Shaheera Iqbal, Mr. Awais Anwar, Ms. Noor Ul Elmah Hasan and Mr. Hafiz Fasih Ahmed. At the end of Mushairah, the Chief Guest, Pro Vice Chancellor DUHS, Prof. Dr. Kartar Dawani appreciated the Society for upholding such a grand event, and presented token of appreciation to the poets. At this occasion, Dr. Samina Akhtar, daughter of a famous poet Sehba Akhtar appreciated the efforts of the Society. The members of DUHS Literary and Debating Society paid special thanks to Prof. Dr. Mukkaram Ali and his team that their untiring efforts and best management had made the event a great success.

SHEH RUG



Dow University of Health Sciences organized a One Day Event at the campus, under the theme of "Sheh Rug", highlighting the Kashmir issue on 30th August, 2019. In which all 13 institutes of DUHS participated.

The event was comprised of following segments:

National Songs

Declamation

Master Parliamentary Debate

Poster Making Competition

Tablues/Skits

After the event Prof. Dr. Mohammed Saeed Quraishy, Vice Chancellor of Dow University of Health Sciences led a well-attended rally to express solidarity with the people of India-held Kashmir. The faculty, staff and students of DUHS and people belonging to other walks of life began their march from DUHS and culminated their rally at Lighthouse signal via Baba-e-Urdu Road.

THREE KEYS TO SUCCESS



DUHS Literary & Debating Society invited Dr. Moiz Hasan (LUMS graduate, researcher of physics, philosophy and Islam and Assistant Professor at IBA Karachi). for a comprehensive talk on 3 KEYS TO SUCCESS: POSITIVE THINKING, ACTION AND ROLE MODEL in Dow Medical College on April 30, 2019. The students of DUHS showed great interest in the talk and the houseful session ended up with the concerned questions of the audience for which the speaker replied thoroughly. Prof. Dr. Mukkaram Ali was the chief guest of the event who presented a token appreciation to the speaker in the end.

3 Days Workshop "Hai Mashq e Sukhan Jari



DUHS Literary and Debating Society aims to encourage young writers by helping them polish their skills. For this purpose, Literary Department of DUHS LDS planned a workshop which aimed at teaching basic rules and principles of writing Urdu Poetry to Dowites who write poetry in Urdu. "Hai Mashq e Sukhan Jari" was designed as a three day workshop to teach Urooz, Auzaan etc, which are the basic rules of Urdu Poetry. Director Literary Department, Hafiz Fasih Ahmed and Deputy Director Literary Department, Noor Ul Elmah Hasan jointly designed the course outlines and conducted this workshop on 1st, 3rd and 5th October 2019. The students from different institutes of DUHS showed interest in this learning session and attended the workshop with great zeal. A 2-hours daily session for three alternate days taught the beginners of Urdu Poetry about Auzaan, Arkaan and Behrain, the basics which every beginner of Urdu Poetry must know about. During each session, hands-on worksheets were provided to the participants which covered the mentioned topics, equally beneficial to the writers as well as the readers of Urdu Poetry. This first workshop of its kind was open to the students of DUHS only, however DUHS LDS intends to conduct more such sessions with outsider participation as well.



Students of DUHS have recently Participated in 3rd Annual inter Universities AGA KHAN SPORTS OLYMPIAD at AKU Karachi in different sports like basketball , badminton, volleyball and football. In which DUHS got to win basketball boys and remained runner up in football and volleyball. Here are some glimps of participation of DUHS.



RESULTS

Basket Ball

DOW UNIVERSITY OF HEALTH SCIENCES VS ZIAUDDIN

DUHS WON

Faaris Fayaz got Best Player of basketball at AKU Event

Football
DOW UNIVERSITY OF HEALTH SCIENCES VS ZIAUDDIN

DUHS Runners up

Volley Ball

DUHS VS AKU
DUHS Runnersup

3rd Annual inter Universities AGAKHAN
SPORTS OLYMPIAD at AKU

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