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**DOW UNIVERSITY OF
HEALTH SCIENCES**

BS-PSYCHOLOGY

SESSION 2023-2024

PROSPECTUS

BS-PSYCHOLOGY

BACHELORS OF SCIENCE - PSYCHOLOGY

Currently, there is a shortage of mental health professionals in Pakistan. The Higher Education Commission (HEC) in Pakistan has recommended starting bachelor's degree programs in psychology. Dow University of Health Sciences (DUHS) which is a leading force in Pakistan's medical and allied sector, has started this program in the light of the growing need to train undergraduate professionals in mental health.

The primary goal of the program is to provide in-depth knowledge and understanding about human mind and behavior to the students, to aid graduates in pursuing masters and doctoral degrees and thereby improve the mental health status of the populace.

The program further aims to bring young people to work in communities in raising awareness about mental health and well-being. It will also serve as a foundation for advanced degree programs in psychology and will help in providing opportunities for the practical application of the acquired competencies through a variety of mental health care related motivational activities.

OBJECTIVES:

1. To assure that students understand the history, nature and scope of psychology as a contemporary field and its association with other disciplines of science.
2. To recognize the different perspectives and theories employed in psychology.
3. To have a thorough understanding about cognition, behavior, and personality functioning through bio-psychosocial model.
4. To grasp the basic command on research and its techniques in psychology.

5. To teach students about research planning and its implication on psychological and social shortcomings.
6. To illustrate ethical practices and its significance in psychology.
7. To ensure about community service commitment and societal contribution.
8. Making students able to acquire knowledge and skills about the growing demands of psychologists in domains like hospitals, academia, industries and public sector organizations.

DEGREE PROGRAM:

A Bachelors in Psychology program is an essential area of learning, as it encompasses many aspects of the human mind and subsequent behavior. The accurate understanding of these promotes good health and establishes a society which is self-aware, resilient, and better able to maintain healthy relationships.

The program is drafted to cater to all the necessary needs of students related to the field of Psychology, to develop and evaluate psychological concepts using a curriculum which develops extensive knowledge about the human mind and behavior. The state-of-the-art campus facilities with best faculty make our

POSSIBLE CAREER ROUTES

The scope of psychology in Pakistan is being progressively valued with time. It is an interdisciplinary subject because it shares its boundary with more than a few other subjects such as social sciences, life sciences, and artificial intelligence. Needless to say that as a line of work, the field of psychology has no bounds. There are many different options available to **BS-Psychology** degree holders, depending on focus and interests.

- Psychologist
- Psychotherapist
- Social Worker
- Counselor
- Educational Psychologist
- Human Resource Manager
- Academia
- Research roles
- Media roles
- Sports Industry

program an excellent choice for young
psychologists of the future.

1. Eligibility of the candidate

- HSSC Intermediate (Arts/Science/Commerce/Home Economics)
/ A-Level or Equivalent, Min. 60% marks or equivalent duly certified by IBCC
- Candidate's Domicile of Sindh

1) Number of seats

SEATS: 30

Second month.....	5.0 % of tuition fee
Third month.....	7.5 % of tuition fee
Fourth month	10 % of tuition fee

Fee of all categories may be increased by 10% every year.

AFTER FOUR MONTHS OF NON-PAYMENT, THE SEAT IS LIABLE TO BE CANCELLED AND STUDENT WILL NOT BE ALLOWED TO APPEAR IN ANY EXAMINATION

Fee deposited is refundable as per the Refund policy guidelines of the DUHS. Taxes will be applied as per the FBR rules.

Hostel and Transport fee will be valid till the last exam of the academic year. Amounts stated in the fee vouchers are excluded of all Bank charges.

The Fee Structure may be revised by the university at any time during the course of the study, due to unavoidable circumstances.

3) Recognition by Governing Bodies/ Councils

BS-Psychology program is recognized by HE

4) Curriculum

BACHELORS OF SCIENCE IN PSYCHOLOGY

Bachelors of Science in Psychology - Program Curriculum

Semester 1

Course Title	Credit Hours	Type of Courses
English-I (Expository Writing)	3	Compulsory
Pakistan Studies	2	Compulsory
Mathematics	3	Compulsory
Introduction of Management	3	General Education
Philosophy	3	General Education
Introduction to Psychology	3	Foundation
Total	17	

Semester 2

Course Title	Credit Hours	Type of Courses
English-II (Expository Writing/Presentation Skills)	3	Compulsory
Islamic Studies	2	Compulsory
Introduction to Computers	3	Compulsory
Applied areas of Psychology	2	Foundation
Practicums in Psychology	1	Foundation
Marketing	3	General Education
Economics	3	General Education
Total	17	

Semester 3

Course Title	Credit Hours	Type of Courses
Communication Skills (Eng III)	3	Compulsory
Cognitive Psychology	3	Major
Fundamentals of Biology	3	Compulsory
Social work	3	General Education
Sociology	3	General Education
Experimental Psychology	3	Foundation
Total	18	

Semester 4

Course Title	Credit Hours	Type of Courses
UN language (French)	3	Compulsory
Lab Experiment	2	Foundation
Food and Nutrition	3	General Education
Teaching & Learning Skills	3	General Education
Biological Basis of Behavior	3	Foundation
School and Perspectives in Psychology	2	Foundation
Total	16	

Semester 5

Course Title	Credit Hours	Type of Courses
Mental health and Psycho-pathology	3	Foundation
Developmental Psychology	3	Major
Psychological Assessment	3	Foundation
Psychological Assessment Practical	1	Foundation
Research Methods - I	3	Major
Statistics in Psychology	3	Major
Total	16	

Semester 6

Course Title	Credit Hours	Type of Courses
Research Methods-II	3	Major
Theories of Personality	3	Foundation
Group research	1	Major
Data Analysis using SPSS	3	Major
Social Psychology	3	Foundation
Ethics in Psychology	3	Foundation
Total	16	

Semester 7

Course Title	Credit Hours	Type of Courses
Health Psychology	3	Major
Gender Psychology	3	Major
Cross Cultural Psychology	3	Major
Clinical Psychology	3	Electives
Industrial Psychology	3	Electives
Active Citizenship/Voluntary work/ Community work	Mandatory 1	Foundation

Research Project	2	Major
Total	18	

Semester 8

Course Title	Credit Hours	Type of Courses
Positive Psychology	3	Major
Peace Psychology	3	Major
Educational Psychology	3	Electives
Internships in clinical, industrial and education psychology	3	Electives
Research Project	2	Major
Total	14	
Total credit hours of 8 semesters	132	

Summary of course

Type of Courses	Credit Hours
Compulsory	25
General Education Subjects	24
Foundation	33
Major	38
Electives	12
Total Credit Hours	132
Duration of Degree Program	4 years
Number of Semester	8
Course Load per Semester	14-18
Number of Courses per Semester	5-7

Assessment Method Semester system

For Physical Classes Semester Session:

- The curriculum has been designed for the semester system of examination.
- 70% of the final exam to be based on BCQs/SAQs and 30% on internal evaluation + viva.

Facilities

- Lecture hall, with a capacity of more than 50 students
- Digital Library-DIMC & IBS
- Library Facilities –DIMC & IBS
- Auditorium with a capacity of more than 50 seats
- GYM-DIMC

BS-Psychology program will also provide its students internship opportunities to gain field experience.
